

# **NorCal Heat Basketball Pacific AAU Rules**

**Timeouts: 3 full and 2 half**

**10-second count backcourt in all games**

**Back Court Pressure on all levels is allowed**

**Running Clock if Point differential is more than 20 points behind in the second half of the game. The stop clock will restart if the point differential becomes less than 15 points.**

**Players get 5 fouls per game**

**All grades are 7-minute quarters**

**5 team fouls per quarter. Double bonus on the 5th foul.  
Team fouls reset each quarter**

**5-minute warmups**

**5-minute half times**

**In case of a ties at the end of regulation, the following will occur: first OT is 2 minutes, and sudden death thereafter.**

**Home Team is the official book unless deferred to the away team. The home team is listed first or on top of the brackets**

**All bracket updates will be on [www.norcalheat.com](http://www.norcalheat.com)**